

After Implant Surgery - Instructions to Patients
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917-208-9629 (after hours emergency)

Use ice on your face (20 minutes on 20 minutes off) for a total of 24 hours.

Drink ice water or eat ice chips in your mouth for the first 24 hours.

Eat soft foods for 1 week (chewing away from the surgical area).

Sleep with head elevated for two nights following the surgery (extra pillow).

Rinse with water after each meal to cleanse the surgical wound.

Do not drink very hot or very cold liquids for 24 hours following surgery.

Do not smoke for at least 2 weeks following the surgery.

Do not exercise for 2 days following surgery (aerobic activity).

Do not wear removable dentures until specified (wearing them too early can jeopardize healing).

Please call if:

Exhibiting a fever

Profuse or uncontrolled or continual bleeding occurs

Pain is severe or not controlled by analgesics or persists beyond 72 hours

Swelling under tongue, on neck or in throat occurs

Question or any unusual medical or dental circumstance arise

Bleeding

You may see some bleeding following the surgery. If this occurs, it may be stopped by gently biting on gauze soaked in cold water and wrung damp. If bleeding is not controlled by this method please call.

Swelling

- If swelling is going to occur, it will peak in 48 to 72 hours.
- If you are swollen after the first 24 hours, heat may be used on the area. A moist heated towel or a hot water bottle may be used in the area of swelling.
- In some cases, bruising, or restricted jaw movement may occur. Heat after the first 24 hours will help reduce these symptoms.

Sutures

- Sutures will be present in your mouth following the surgery.
- Avoid the area of these sutures with toothbrush and food – just rinse in the area.
- These will be removed approximately 7-14 days following the surgery.

Medications

- Mouthwash (chlorhexidine) should be used twice a day for 60 seconds, after breakfast and before bedtime, then leave the area undisturbed –do not rinse following the chlorhexidine. Read directions.
- Take antibiotics exactly as directed until fully finished with the supply.
- Take non-prescription pain medications as directed for mild discomfort or pain: Tylenol and/or Advil if you are medically able to take these medications. Very effective, non-narcotic pain relief can usually be achieved by taking 3 Advil and 2 Tylenol together every six to eight hours.
- Take prescribed pain medications as directed for pain not resolved by Tylenol and/or Advil.